



SCFA
self-care for advocates

2022
NATIONAL
SELF-CARE
CONFERENCE
FOR ANTI-
VIOLENCE
ADVOCATES



JUNE 15-17

**SUSTAINING THE MOVEMENT
TO END GENDER-BASED VIOLENCE.
TOGETHER.**

**FULLY
VIRTUAL**

Space for 500 advocates to join us for the conference. We encourage early registration.

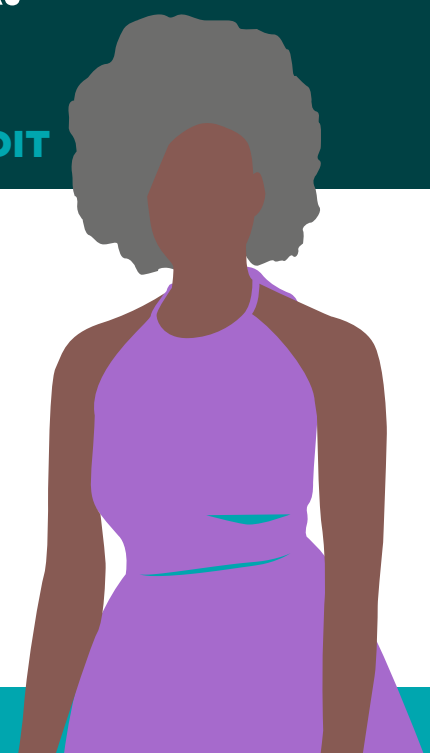
ALL proceeds will fund advocacy efforts specifically for anti-violence advocates.

**MORE THAN
SELF-CARE 101**

Self-care is critical- and community care makes that possible. Workshops throughout the conference will explore individual self-care methods *and* ways our organizations can be proactive in fighting burnout.

**CONTINUING
EDUCATION CREDIT**

With general admission- Up to 10 hours of social work continuing education credit will be available. Up to 12.75 hours of NOVA credit is also available. Counseling continuing education credit are being applied for.



**SCHOLARSHIPS ARE AVAILABLE
EMAIL TRACE@SELFCAREFORADVOCATES.ORG**



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JUNE 15

**10:00-10:15
DOORS OPEN**

**10:15-11:00
WELCOME**

**11:00-12:00
SESSION 1: BROKE AND BURNT OUT:
Findings From the SCFA 2021 Advocate
Needs Assessment**

**12:00-1:00
LUNCH**

**1:00-2:00
SESSION 2:
COMMUNITY, SPIRITUALITY, AND
RITUAL FOR SURVIVING AND
THRIVING
IGNACIO RIVERA**

**2:00-2:15
BREAK**

**2:15-3:15
SESSION 3:
WORKSHOP WITH
SARAKAY SMULLENS,
AUTHOR OF "BURNOUT
AND SELF-CARE IN SOCIAL
WORK"**

**3:15-4:00
BREAK**

**4:00-5:00
SESSION 4:
COPING AND SELF-CARE
CONTINA HOUSTON STROUD**

**5:00-5:15
BREAK**

**5:15-6:15
SESSION 5:
WORKPLACE BULLYING:
IMPACTS, SCIENCE & SELF-CARE
WITH FRANCES CAILE**

ALL TIMES CENTRAL





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REGISTRATION BEGINS APRIL 15, 2022
WWW.SELFCAREFORADVOCATES.ORG

JUNE 16 ALL TIMES CENTRAL

10:00- 11:00 SESSION 6: HOW TO USE POSITIVE PSYCHOLOGY TO BUILD RESILIENCE AND PRACTICE SELF-CARE AT WORK WITH JEREMIE MILLER

11:00-11:15 BREAK

11:15-12:15 SESSION 7: LABRINTHS AS SELF-CARE JOLYNN BACKES

12:15-1:00 LUNCH

1:00-2:00 SESSION 8: THE WORKPLACE BULLYING POWER AND CONTROL WHEEL WITH DR. HANNAH SCOTT

2:00-2:15 BREAK

2:15-3:00 ACTIVITY: CRISIS HOTLINE ADVOCATE BURNOUT PANEL DISCUSSION

3:00-4:00 SESSION 9: BURNOUT PREVENTION: TAKING CARE OF YOURSELF AND OTHERS WITH LARISA HARRINGTON





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JUNE 17

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REGISTER NOW!

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10:00-11:00

SESSION 10:

**"BUT VIOLENCE IS PREVENTABLE!":
BURNOUT WITHIN THE PREVENTION
COMMUNITY**

SARAH BEAR & OLIVIA TORRES-ROJAS

**2:00-2:15
BREAK**

**2:15-3:00
ACTIVITY:
SUSTAINING OUR
MOVEMENT: OUR NEXT
STEPS PANEL DISCUSSION**

11:00-11:15

BREAK

**3:00-4:00
SESSION 12:
THERES ALWAYS ROOM
FOR 'GELO' LAUGHTER
YOGA CLUB
NATASHA ELLIS**

11:15-12:00

ACTIVITY:

**Time Traveling with Epistolary Poetry
LED BY POET DANIELLE JONES**

12:00-1:00

LUNCH

1:00-2:00

SESSION 11:

**COLLECTIVE CARE &
ORGANIZATIONAL CHANGE
KARLY RATH**



**WANT TO LEARN MORE?
VISIT HERE:**

[HTTPS://BIT.LY/22SCFACONREGISTRATION](https://bit.ly/22scfaconregistration)



SCFA

self-care for advocates

**Created by Advocates
For Advocates**

Self-Care For Advocates is dedicated to promoting self-care and preventing work-related stress, trauma, and exhaustion conditions among anti-violence advocates. Join us.





Scan this QR Code
for the conference
Linktree

JOIN US

SCFA WILL BE BUILDING A **NATIONAL COMMITTEE** OF ANTI-VIOLENCE ADVOCATES AND ORGANIZATIONS THIS FALL TO CONTINUE THIS IMPORTANT CONVERSATION.

[SELF CARE FOR ADVOCATES.ORG](https://selfcareforadvocates.org) FOR MORE UPDATES



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Amelia Indie Authors
Power, passion, and polish for your stories

TALLA DEGA
COLLEGE
Social Work Department

